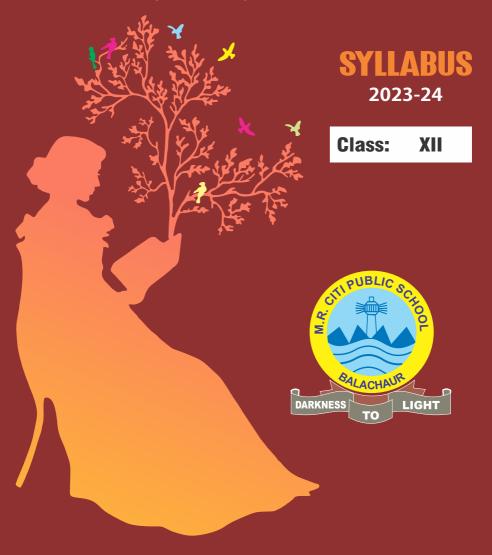
M.R. CITI PUBLIC SCHOOL

BHADDI ROAD, BALACHAUR, DISTT. SBS NAGAR - 144521



Name:	
Class:	Sec
Roll No.	Adm. No

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CLASS XII

ENGLISH (Subject Code 301)

SESSION - 2022-23

Prescribed Books:

- a) Flamingo: English Reader (NCERT)
- b) Vistas: Supplementary Reader (NCERT)
- c) Sample paper (Bravia / Deepak / BBC)
- (B.B.C) Any Modern Publishers

APRIL - FLAMINGO:

Ch-1: The Last Lesson By Alphonse Doudet

Ch-2: Lost Spring by Anees Jung

Poem- 1: My Mother at Sixty Six by Kamala Das

Section-B

Writing Skills- Article/Notice/Letter to Editor (Complaint)

Section A

Reading Skills- Comprehension

One unseen passage to assess comprehension, interpretation and inference. Vocabulary and inference of meaning will also be assessed.

The passage may be factual, descriptive or literary.

MAY

Vistas:-

Ch-1: The Third Level by Jack Finney

Ch-2: The Tiger King by Kalki

Poem-3 Keeping Quiet by Pablo Neruda

Writing Skills: Notice / Report writing / Letter to Editor (Complaint)

Revision of May Unit Test - 1 = 50 Marks (ASL) 40+10=50

JUNE

FLAMINGO:

Ch-3: Deep Water by William Douglas

Vistas:

Ch-3: Journey to the End of the Earth by Tishani Doshi Writing Skills -Notice/Invitation and Replies / Letters

Section A

Reading Skills- Comprehension.

One unseen case-based passage with verbal/visual inputs like statistical data, charts etc.

JULY

Flamingo:

Ch-4: The Rattrap by Selma Lagarlof

Ch-5: Indigo by Louis Fischer

Writing Skills: Letter (Application for job with bio-data) / Report Writing

AUGUST

Flamingo:

Ch-6: Poets and Pancakes by Asokamitran Ch-7: The Interview by Christopher Silvester.

Poem-4: A Thing of Beauty by John Keats

Reading Skills- Comprehension

Writing skills-(Report Writing/letter to editor) (May to July + Aug.)

SEPTEMBER

Vistas:

Ch-4: The Enemy by Pearl S. Buck

Writing Skills: (letter to the editor) + Writing Skills

Revision for

Mid Term Test (ASL Practice)

OCTOBER

FLAMINGO

Ch-8: Going Places by AR. Barton

Writing Skills:

Poem-5 : A Road Side Stand by Robert Frost

Poem-6: Aunt Jennifer's Tigers by Adrienne Rich

Reading Skills- Comprehension + Complete Writing Skills

NOVEMBER

Vistas:

Ch-6: On the Face of It by Susan Hill

Ch-8: Memories of Childhood by Zitkala-Sa and Bama.

- 1. The Cutting of my long hair.
- 2. We too are human beings.

Writing Skills: Article / formal / informal Invitation / Report Writing

- + Complete Writing Skills Revision
 - ASL (Assessment of Speaking & Listening Skills Practice)

DECEMBER

Revision of full Syllabus

(Pre-Board-I MM-80 +

ASL= 5+5+10=20)

Distribution of Marks According to CBSE

ASL (Assessment of Speaking & Listening Skills Practice)

JANUARY

Reading Skills-Comprehension

Revision for Pre-Board II

ASL Practical

FEBRUARY

Writing Skills- Revision of Article writing, Report Writing, Letter, Invitation, Notice

FEBRUARY

Assessment of Speaking and Listening Skills Practice Paper.

(Sample Practice Paper)

Section A Reading Skills

Two unseen passage including passage of case study

Section-B Writing skills

(*Notice/ formal/ informal Invitation and Replies) Complete Writing Skills Practice

- *Letter for application for job and to the Editor
- *Article/Report writing)

Section-C Literature

Prescribed Books

- 1. Flamingo: English Reader published by National Council of Education Research and Training, New Delhi
- (Prose)
- * The Last Lesson
- * Lost Spring
- * Deep Water
- * The Rattrap
- *Indigo
- *Poets and Pancakes
- * The Interview
- *Going Places

(Poetry)

- * My Mother at Sixty-Six
- * Keeping Quiet
- *A Thing of Beauty
- * A Roadside Stand
- *Aunt Jennifer's Tigers
- 2. Vistas: Supplementary Reader published by National Council of Education Research and
- *Training, New Delhi
- * The Third Level
- * The Tiger Ki ng
- * Journey to the end of the Earth
- *The Enemy
- *On the Face of It
- *Memories of Childhood

The Cutting of My Long Hair.

We Too are Human beings.

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	BIOLOGY	
	(Subject Code - 044)	
Apr / May	2. Reproduction in flowering plants3. Human reproductive system	
	Revision for May Unit Test - 1	
	Marks Distribution of each chapter	
	2. Reproduction in flowering plants.	25
	3. Human reproductive system.	25
		50 Marks
June/July	4. Reproductive health	
	5. Principles of inheritance and variations	
July	5. Principles of inheritance and variations	
	6.Molecular Basis of inheritance	
August	7. Evolution	
	9. Human health and diseases	
September	Revision for Mid Term	
	Marks Distribution of each chapter	
2.	Reproduction in flowering plants.	10
3.	Human reproductive system.	10
4.	Reproductive health.	5
5.	Principles of inheritance and variations 12	
6	Molecular basis of inheritance.	12
7.	Evolution.	10
8.	Human health and disease.	11
		marks-70
October	10. Microbes in human welfare	
	11. Biotechnology principles and processes	
	12. Biotechnology applications	
	13. Organisms and populations	
November	14. Ecosystem	
	15. Biodiversity & its Conservation	
Nov/Dec	Revision of full Syllabus for Pre-Board - I	
January	Revision for Pre-Board II and Final practicals	
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Marks Distribution according to CBSE
Board Practicals
Sample Paper Practice
March Annual Exam
BLUEPRINT FOR FINAL EXAM THEORY

Time: 3 Hours Max Marks: 70

S. No.	Typology of Questions	Very Short Answer (VSA) 1 mark)	Short Answer1 (SA-I) (2 marks)	Short Answer2 (SA-II) (3 marks)	(LA)		Weigh- tage
1.	Remembering-(Knowledge based Simple recall questions, to know speak: facts, terms, concepts, principles, or theories, identify, define, or recite, information)	2	1	1		7	10%
2.	Understanding- Comprehension -To be familiar with meaning and to understand conceptually, interpret, compare, contrast, explain, paraphrase Information)	-	2	4	1	21	30%
3.	Application (Use abstract Information in concrete situation to apply knowledge to new situations. Use given content to interpret a situation, provide an example, or solve a problem)	-	2	4	1	21	30%
4.	High Order Thinking Skill (Analysis & Synthesis- Classify, Compare, Contrast, or differentiate between different pieces of information, Organize and/Or	2	1	1	1	12	17%

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	integrate unique pieces of information from a variety of sources)						
5.	Evaluation- (Appraise, Judge, and/or justify the value or worth of a decision or outcome, or to predict outcomes based on values)	1	1	2	-	9	13%
	TOTAL	5x1=5	7x2=14	12x3=36	3x5=15	70(27)	100%

PRACTICALS (30 marks)

Major experiment - 5 marks
 Minor experiment - 4 marks
 Slide preparation - 5 marks

4. Spotting - 7 marks

5. Practical record+viva - 4 marks

6. Project record+viva - 5 marks

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	CHEMISTR	Υ
Syllabus	Distribution (Month Wise)	Marks - 70
April	Ch-2 : Solutions	
	Ch-3: Electrochemistry	
May	Ch-4 : Chemical Kinetics	
	Revision for Unit Test I	
	Chapter wise Weightage	
	1. Solutions	15 Marks
	2. Electrochemistry	20 Marks
	3. Chemical Kinetics	15 Marks
	Total	50 Marks
	Marks Distribution for Unit Te	est - I
1.	1 Mark Question = 1x10 = 10 [N	MCQ + Assertion-Reasoning)
2.	2 Marks Question = 2x10 = 20	[Very Short Ans Type Ques.)
3.	3 Marks Question = 3x5 = 15 [\$	Short Ans+Case Study)
4.	5 Marks Question = 5x1 = <u>5 [</u> Lc	ong Answer Type Que)
	Total <u>50</u> M	larks
June	Ch-14 : Biomolecules	
July	Ch-10 : Haloalkanes & Haloare	nes
	Ch-11 : Alcohol, Phenol & Ether	rs
August	Ch-8 : d & f - block elements	
	Ch-9: Coordination Compound	ls
Sept.	Revision for Mid Term I	
	Chapter wise Weightage	
1.	Solutions	06
2.	Electrochemistry	10
3.	Chemical Kinetics	10
4.	Biomolecules	04
_	Haloalkanes & Haloarenes	10
6.	Alcohol, Phenol & Ethers	10
7.	d & f - block elements	10
8.	Coordination Compounds	10
6-9	Total	70 Marks
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Marks Distribution for Mid Term - I 1 Mark Questions = 1x18 = 18 (MCQ + Assertion - Reasoning) 2 Marks Questions = 2x7 = 14 (Very short answer type questions) 2. 3. 3 Marks Questions = 3x5 = 15 (Short answer type questions) 4. 4 Marks Questions = 4x2 = 08 (Case - Study Based questions) 5 Marks Questions = 5x3 = 15 (Long answer type questions) 5. Total 70 Marks Oct. Ch-12: Aldehydes, Ketones & Carboxylic Acids Nov Ch-13: Organic Compounds containing Nitrogen Dec. Revision for Pre-Board I + Practice of Sample Papers + NCERT Questions will be focused. Paper Pattern will be according to CBSE Sample Paper. January Revision for Pre Board - II + Practice of Sample Papers + NCERT Questions will be focused. Paper Pattern will be according to CBSE Sample Paper issued. Feb. Revision for Final Exams **Books Prescribed** 1. NCERT Text - Book 2. Modern Publishers

	PRACTICAL SYLLABUS
	Marks - 30
April	1. Determine the strength & molarity of given sample of Oxalic
	acid with M/10 KMnO ₄ solution.
	2. Determine the molarity & strength of given solution of
	KMnO₄ by preparing M/50 Ferrous Ammonium Sulphate
	Solution.
May	3. Preparation of double salt of ferrous ammonium sulphate.
	(Mohr Salt)
	4. To prepare a colloidal sol of starch.
June	Project File on the topics issued by CBSE.
July	5. To prepare a colloidal sol of Ferric Hydroxide.
	6. To study effect of concentration on the rate of reaction
	between sodium thiosulphate & Hcl.
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August 7. To study the effect of temperature on the rate of reaction between sodium thiosulphate & Hcl. Practical Exam Sept. **Marks Distribution** 1. Written -082. Performance - 07 3. Viva - 10 4. File / Project - 05 **Total** - 30 Marks Oct. 8. To analyze the given salt sample (Zncl₂) 9. To analyze the given salt sample (NH₄) (CO₃) 10. To analyze the given salt sample {Al₂(SO₄)₃} 11. To analyze the given salt sample [Pb(CH₃COO)₂] Nov. 12. To analyze the given salt sample [Fe(NO₃)₃] 13. To analyze the given salt sample [Sncl₂] **Practical Books Prescribed** 1. JBD Practical Book + File

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	PHYSICS	
April	Unit-I : Electrostatics	(10 marks)
	Ch-1 : Electric charges and fields	
	Ch-2 : Electrostatic potential and capacitance	
May	Unit-II : Current Electricity	(6 maks)
	Ch-3 : Current Electricity	
	Revision for Unit Test - I	
	Syllabus - Unit I + Unit II	
	Weightage (50 Marks)	
	Ch-1 : Electric charges and fields	20 Marks
	Ch-2: Electrostatic potential and capacitance	15 Marks
	Ch-3 : Current Electricity	15 Marks
	Marks Distribution for Unit Test - I (50 Marks)	
	1 Mark Question = 1x10 = 10 [MCQ + Assertion-R	0,
1	2 Marks Question = 2x10 = 20 [Very Short Ans Typ	•
	3 Marks Question = 3x5 = 15 [Short Ans+Case Stu	• /
4.	5 Marks Question = 5x1 = 5 [Long Answer Type Q	ue)
	Total <u>50 Marks</u>	
June	Unit - III: Magnetic effect of current and magne	etism (9 M)
	Ch-4 : Moving charges and magnetism	
July	Ch-5: Magnetism and Matter	
	Unit-IV: Electromagnetic Induction and Alterna	_
	Current	(M8)
	Ch-6 : Electromagnetic Induction	
August	Ch-7 : Alternating Current	
	Unit - V : Ch - 8 : Electromagnetic Waves	(4 M)
Sept.	Revision for Mid Term - I	
	Weightage (70 Marks)	
1	Electrostatics	15 marks
1	Current Electricity	15 marks
1	: Magnetic effect of current and magnetism	15 marks
Unit-IV	: Electromagnetic Induction and Alternating Current	15 marks
	(3 & (3 & 11 & 2) & & (2)	(3 & C

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Unit -	V : Electromagnetic Waves	10 marks	
		70 Marks	
	Marks Distribution for Mid Term - I (70 Marks)		
1. 1 N	lark Questions = 1x18 = 18 (MCQ + Assertion - Rea	soning)	
2. 2 N	arks Questions = 2x7 = 14 (Very short answer type	questions)	
3. 3 N	arks Questions = 3x5 = 15 (Short answer type ques	stions)	
4. 4 N	larks Questions = 4x2 = 08 (Case - Study Based qu	estions)	
5. 5 N	larks Questions = 5x3 = <u>15 (</u> Long answer type ques	tions)	
	Total <u>70</u> Marks		
Oct.	Unit-VI : Optics	(15 marks)	
	Ch-9: Ray Optics and Optical Instruments		
	Ch-10 : Wave Optics		
	Unit-VII: Dual Nature of Radiation and Matter	(5 Marks)	
	Ch-11 : Dual Nature of Radiation and Matter		
Nov.	Unit-VIII : Atoms and Nuclei	(7 marks)	
	Ch-12 : Atoms		
	Ch-13 : Nuclei		
	Unit-IX : Electronic Devices	(7 marks)	
	Ch-14 : Semiconductor Electronics : Materials and	d devices	
Dec.	Revision for Pre Board - I		
	(Sample Paper Practice + NCERT Problems)		
	Paper Pattern will be according to CBSE Sample	Paper	
	Issued.		
Jan.	Revision for Pre Board - II		
	(Sample Paper Practice + NCERT Problems)		
	Paper Pattern will be according to CBSE Sample	Paper	
	Issued.		
Feb.	Revision for Final Exams		
Book's	Prescribe - NCERT Part I & II		
Reference Book - Pardeep Publications			
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ACCOUNTANCY (Subject Code: 055) **Books Prescribed: NCERT. Vinesh Publications** Theory - 80 marks Practical - 20 marks Part - A Accounting for Partnership Firms 36 Marks Part B Accounting for Companies 24 Marks Part C **Analysis of Financial Statements** 20 Marks **Project Work** 20 Marks 100 Marks Fundamentals of Partnership Firms April Valuation of Goodwill Change in Profit Sharing Ratio May Revision - Unit Test I (50 marks) Unit Test - I Weightage Fundamentals of Partnership Firms 20 Marks Valuation of Goodwill 10 Marks 20 Marks Change in Profit Sharing Ratio Marks Distribution (Unit Test - I) 10 Questions x 1 mark each = 10 4 Questions x 3 marks each = 12 4 Questions x 4 marks each = 16 2 Questions x 6 marks each = 12 Total - 50 June Format of Companies Balance sheet as per Companies Act, 2013 Admission of a Partner July Retirement & Death of a Partner Revision for Weekly Test - 25 Marks

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August	Accounting for Share Capital				
	Revision for Weekly Test - 25 Marks				
Sept.	Accounting for Debentures				
	Revision for Mid Term Exams - 80 M	larks			
	Mid Term Exam (Weightage)				
	Retirement & Death of a Partner	12 Marks			
	Accounting for Shares	15 Marks			
	Accounting for Debentures	10 Marks			
	Valuation of Goodwill	08 Marks			
	Change in Profit Sharing Ratio Admission of a Partner	10 Marks			
	Authosion of a Partilei	15 Marks 80 Marks			
	Marks Distribution (Mid Term Exa				
	20 Questions x 1 mark each = 20	iii)			
	6 Questions x 3 marks each = 18				
	3 Questions x 4 marks each = 12				
	5 Questions x 4 marks each = 12				
	Total - <u>80</u>				
Oct.	Financial Statements of Companies,	Tools of Financial			
00	Statement Analysis	Toolo of Financial			
	Ratio Analysis & Cash Flow Statemer	nt			
	Revision for Weekly Test - 25 Marks				
Nov.	Cash Flow Statement				
1404.	Dissolution of Partnership Firms				
	Revision for Weekly Test - 25 Marks				
Dec.	Revision for Pre Board - I (Revision Sa	amnle Paners)			
DCG.	(NCERT Questions will be Focused)				
	Pre Board - I (Weightage) - (80 Mark	re)			
	Cash Flow Statement -	08 Marks			
	Financial Statement Analysis Tools -	12 Marks			
	Financial Statements of Companies -				
	Debentures & Share Capital -	20 Marks			
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	Reconstitution of Partnership Firms - 17 Marks				
	Dissolution of Partnership Firms - 06 Marks				
	Fundamentals of Partnership Firms - 12 Marks				
	Marks Distribution (Pre Board - I)				
	20 Questions x 1 mark each = 20				
	6 Questions x 3 marks each = 18				
	3 Questions x 4 marks each = 12				
	5 Questions x 6 marks each = 30				
	Total - <u>80</u>				
Jan.	Project File Completion as per CBSE notification.				
	Revision for Pre Board-II (Full Syllabus) - 80 Marks				
Feb.	Revision for Final Exam (Sample Papers Revision)				
March	Final Board Exams - 80 Marks				

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Practical Theory - 8		
	BUSINESS STUDIES	
	Weightage as per CB	
April	Ch-1: Nature and Significance of Management Ch-2: Principles of Management	7 8
Мау	Ch-3: Business Environment Focus on NCERT Questions and revision simultaneously May Test Revision Case Studies, Value Based questions Ch1 to 3	4
	Blue Print 10 Questions M.C.Q. x 1 Mark each = 10 Marks 4 Questions Case Studies x 3 Marks each = 12 Marks 4 Questions x 4 Marks each = 16 Marks 2 Questions [Case Studies] x 6 Marks each = 12 Marks 50 Marks	
	Ch-1 : Nature and Purpose of Business Ch-2 : Principles of Management Ch-3 : Business Environment 14 Marks 50 Marks	
July	Ch-4 : Planning Ch-5 : Organising	6 8
August	Ch-6 : Staffing Ch-7 : Directing Ch-8 : Controlling	8 8 4
Sept.	Revision Ch 1 to 8 [M.C.Q., Direct Questions, Value based Questions, Case Studies with the help of Smart Class] and NCERT Questions Mid Term Exam	d
US 46	W & W & O & D & D &	8 3

US 46	S 4 S 4 B 2 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8	& B	8		
	Blue Print				
	20 Questions M.C.Q. x 1 Mark each = 20 Mar	rks			
	4 Questions Case Studies x 3 Mark each = 12 Marks				
	6 Questions Direct x 4 Mark each				
	4 Questions questions x 6 Mark each	h = <u>24 Marks</u>			
	• • •	80 Marks	<u>.</u>		
	Ch-1: Nature and Significance of Management	7 Marks			
	Ch-2: Principles of Management	15 Marks			
	Ch-3: Business Environment	6 Marks			
	Ch-4: Planning	8 Marks			
	Ch-5 : Organising	12 Marks			
	Ch-6: Staffing	13 Marks			
	Ch-7 : Directing	14 Marks			
	Ch-8 : Controlling	5 Marks			
October	Ch-9: Financial Management		8		
	Ch-10 : Financial Market		7		
Nov.	Ch-11: Marketing Management		9		
	Ch-12 : Consumer Protection Act 2019		6		
Dec.	Revision of Ch- 1 to 12 for 1st Pre Board acc	ording			
	to CBSE Sample Paper				
	Blue Print				
	Ch-1: Nature and Significance of Management	4			
	Ch-2 : Principles of Management	8			
	Ch-3 : Business Environment	4			
	Ch-4 : Planning	6			
	Ch-5 : Organising	8			
	Ch-6: Staffing	8			
	Ch-7: Directing	8			
	Ch-8 : Controlling	4			
	Ch-9: Financial Management	8			
	Ch-10 : Financial Market	7			
	Ch-11: Marketing Management	9			
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	Ch-12 : Consumer Protection Act 2019 6					
	<u>80</u> Marks					
Jan	IInd Pre Board (Revision as per CBSE Sample Paper)					
	Practical File Topics [8 Marks + 12 Marks] = 20					
	Viva + Practical File					
	1) Principles of Management					
	2) Business Environment					
	3) Stock Exchange					
	4) Marketing Management					

MATHEMATICS

One Pa	One Paper Max Marks : 80					
No	Unit	s I	No. of Periods	Marks		
I	I Relations and Functions		30	08		
Ш	Alge	bra	50	10		
III	Calc	ulus	80	35		
IV	Vecto	ors and Three - Dimensional Geome	try 30	14		
V	Linea	ar Programming	20	05		
VI	Prob	ability	30	80		
	Tota	I	240	80		
	Inter	nal Assessment		20		
Apr/N	<i>l</i> lay	Unit-I: Relations and Functions				
		Relations and Functions		15P		
		Inverse Trigonometric Functions		15P		
		Unit-II : Algebra				
		Matrices		15P		
		Determinants		15P		
		Unit-V Linear Programming:				
		Linear Programming		10P		
		1st UNIT TEST (M.M. 50)				
Chapt	er No.	Chapter Name	Weightag	je		
1	I	Relations and Functions	10			
2	_	Inverse Trigonometric Functions	10			
3	3	Matrices	10			
4	1	Determinants	10			
5		Linear Programming	10			
July / Aug		Unit-III: Calculus				
		Continuity and Differentiability	20 P	eriods		
		Applications of Derivatives	10 Periods			
		Integrals	20 Periods			
		Applications of the Integrals	15 P	eriods		
CB a	_ග ි	% &	& 80 d	લ્ક જ		

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	Differential Equations	15 Periods				
	MID TERM TEST (M.M.80)					
Chapter No.	Chapter Name	Weightage				
1	Relations and Functions	10				
2	Inverse Trigonometric Functions	10				
3	Matrices	10				
4	Determinants	10				
5	Linear Programming	10				
6	Continuity and Differentiability	10				
7	Applications of Derivatives	10				
8	Integrals	10				
Oct / Nov.	Unit-IV: Vectors and Three-Dimens	sional Geometry				
	Vectors	15 Periods				
	Three - dimensional Geometry	15 Periods				
	Unit-VI: Probability					
	Probability	30 Periods				
Dec.	2nd UNIT TEST (M.M. 50)					
Chapter No.	Chapter Name	Weightage				
1	Applications of the Integrals	10				
2	Differential Equations	10				
3	Vectors	10				
4	Three - dimensional Geometry	10				
5	Probability	10				
Jan	1st Preboard (M.M. 80)					
Feb.	2nd Preboard (M.M. 80)					
Mar.	Final term exam					
I						

MATHEMATICS (Code No. - 041) QUESTION PAPER DESIGN CLASS - XII

Time: 3 hours Max. Marks: 80

S.	Topology of Questions	Total	%
No.			Weightage
1.	Remembering: Exhibit memory of previously learned material by recalling facts, terms, basic concepts, and answers. Understanding: Demonstrate understanding of facts and ideas by organizing, comparing, translating, interpreting, givingdescriptions, and	44	55
	stating main ideas		
2.	Applying: Solve problems to new situations by applying acquired knowledge, facts, techniques and rules in a differentway.	20	25
ვ.	Analysing: Examine and break information into parts by identifying motives or causes. Make inferences and find evidence tosupport generalizations Evaluating: Present and defend opinions by making judgments about information, validity of ideas, or quality of work based on a setof criteria. Creating: Compile information together in a different way by combining elements in a new pattern or	16	20
	proposing alternative solutions Total	80	100

1. No chapter wise weightage. Care to be taken to cover all the chapters

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Choice(s):

There will be no overall choice in the question paper.

However, 33% internal choices will be given in all the sections

INTERNAL ASSESSMENT Periodic Tests (Best 2 out of 3 tests conducted) Mathematics Activities 20 MARKS 10 Marks

Note: For activities NCERT Lab Manual may be referred.

Conduct of Periodic Tests:

- a) **Mode:** The periodic test is to be taken in the form of pen-paper test.
- b) **Schedule:** In the entire Academic Year, three Periodic Tests in each subject may be conducted as follows:

Test	1st Unit Test I	Mid Term (PT-II)	2nd Unit Test
Tentative Month	May-June	SeptOct.	Dec Jan.

Assessment of Activity Work:

Throughout the year any 10 activities shall be performed by the student from the activities given in the NCERT Laboratory Manual for the respective class (XI or XII) which is available on the link: http://www.ncert.nic.in/exemplar/labmanuals.htmla record of the same may be kept by the student. An year end test on the activity may be conducted.

The weightage are as under:

- The activities performed by the student throughout the year and record keeping: 5 marks
- Assessment of the activity performed during the year end test: 3 marks
- Viva-voce: 2 marks

Prescribed Books:

- 1) Mathematics Part I Textbook for Class XII, NCERT Publication
- 2) Mathematics Part II Textbook for Class XII, NCERT Publication
- 3) Mathematics Exemplar Problem for Class XII, Published by NCERT
- 4) Mathematics Lab Manual class XII, published by NCERT

ECONOMICS (030)

Books : Introductory Macroeconomics Indian Economic Development

- (T R Jain, V K Ohri)

Theory Paper - 80 Marks
Practical - 20 Marks
Total 100 Marks

Part - A : Macro Economics	Marks
Unit-I: National Income & Related Aggregates	10
Unit - II : Money & Banking	06
Unit - III : Determination of Income & Employment	12
Unit - IV : Government Budget & The Economy	06
Unit - V : Balance of Payment & Foreign Exchange	06
Total	40

Tart - B . Indian Economic Development	
Unit - VI : Development Experience (1947-90) & Economic	12
D (0' 1001	

Reforms Since 1991

Part - R · Indian Economic Development

Unit - VII : Current Challenges facing Indian Economy 20
Unit - VIII : Development Experience of India A Comparison 08

with Neighbours

Total 40

April Unit-2: Money & banking

Ch-5: Money Ch-6: Banking

May Unit-4: Govt. Budget & Economy

Ch-10 : Govt. Budget & Economy Revision of Unit - 2 & Unit - 4

US 46	(3 & (3 & (1) & (2
May	Unit-6: Development Experience (1947-1990) Ch-1: Indian Economy on the Eve of Independence Ch-2: Five Year Plans in India Ch-3: Agriculture, Industry & Trade (1950-1990) Revision of Ch - 1, 2 & 3
July	Unit-I: National Income & its Related Aggregates Ch-1: Introduction Ch-2: Some Basic Concepts of Macro Economics Ch-3: National Income & Related Aggregates Ch-4: Methods of Calculating National Income Revision of Unit-I (Ch 1 to 4)
August	Unit - VI: Development Experience & Economic Reforms Since 1991 Ch-4: Economic Reforms Since 1991 - New Economic Policy) Revision of Unit-VI (Ch. 4)
	TREVISION OF OTHE VI (On. 4)
Sept.	Revision for September (Mid-Term) Exams
Sept. October	
October	Revision for September (Mid-Term) Exams Unit-VIII: Development experience of India-A comparison with neigbours Unit-VII: Current Challenges facing Indian Economy Ch-8: Employment Ch-10: Environment & Sustainable Development Unit - V: Balance of Payment & Foreign Exchange Ch-11: Foreign Exchange Rate

Ch-8: Short Run Equilibrium Output Ch-9: Problem of Deficient & Excess Demand Revision of Unit-V & Unit-III **December** Revision for Pre-Board I Syllabus from Sample Papers Revision for Pre-Board II Syllabus from Sample Papers January Paper Pattern for Unit Exam - I (May) Blue Print for Unit - Exam (May) $1 \times 10 = 10$ $3 \times 4 = 12$ $4 \times 4 = 16$ $6 \times 2 = 12$ Total = 50 Marks Blue Print for September Mid Term - I

As per Board Pattern

Project File (20 Marks)

Micro and Small Scale Industries

Pre-Board - I

Pre-Board - II

- Contemporary Employment situation in India
- Goods and Services Tax Act and its Impact on GDP
- Human Development Index
- Self-help group
- Monetary policy committee and its functions
- Government Budget & its Components
- Exchange Rate determination Methods and Techniques
- Livestock Backbone of Rural India
- Sarwa Siksha Abhiyan Cost Ratio Benefits
- Minimum Support Prices

- Waste Management in India Need of the hour
- Digital India- Step towards the future
- Vertical Farming an alternate way
- Make in India The way ahead
- Rise of Concrete Jungle- Trend Analysis
- Any other newspaper article and its evaluation on basis of economic principles
- Food Supply Channel in India
- Disinvestment policy of the government
- Health Expenditure (of any state)
- Inclusive Growth Strategy
- Trends in Credit availability in India
- Role of RBI in Control of Credit
- Trends in budgetary condition of India
- Currency War reasons and repercussions
- Alternate fuel types and importance
- Golden Quadrilateral- Cost ratio benefit
- Relation between Stock Price Index and Economic Health of Nation
- Minimum Wage Rate approach and Application
- Rain Water Harvesting a solution to water
- Silk Route- Revival of the past
- Bumper Production- Boon or Bane for the farmer
- Organic Farming Back to the Nature
- Any other topic

HISTORY Books Prescribed: NCERT Books 1) Theme in Indian History - Part - I 2) Theme in Indian History - Part - II 3) Theme in Indian History - Part - III **April** Theme 1: Bricks. Beads and Bones Theme 2: Kings, Farmers and Town Map work - Mature Harappan Sites Harappa, Banawali, Kalibangan, Balkot, Rakhigarhi, Dholavira, Nageshwar, Lothal, Mohenjodaro, Chanhudaro, Kot Diii * Mahajanapada and Cities Vaji, Maghadha, Kosala, Kuru, Panchala, Gandhara, Avanti, Rajgir, Ujjam, Taxila, Varanasi Theme 3: Kinship, Caste and Class May Theme 4: Thinkers, Beliefs and Buildings * Map work: Distribution of Ashokan Inscriptions Unit I Exam May Revision for Unit Exam Syllabus for Unit I Theme 1: Bricks, Beads and Bones Theme 2: Kings, Farmers and Town **Blue Print** 1 marks 1x10 = 10 marks 3 marks 3x4 = 12 marks6 marks 6x2 = 12 marks8 marks 8x2 = 16 marksTotal Marks 50 marks June Theme 5: Through the Eyes of Travellers July Theme 6: Bhakti, Sufi, Traditions

3	(S ~ (S ~ (B)	अक अक अक			
	Map work - * Important Kingdoms and Towns				
	* Major Buddhist Sites				
August	Theme 7 : An Imperial Cap	ital - Vijaynagar			
	Theme 8 : Peasants, Zamio				
	Map work - Major Cities of	Vijaynagar Empire			
September	Revision for Mid Term				
'	Syllabus for Mid Term				
	Theme - 1, 2, 3, 4, 5, 6, 7, 8	3			
	Blue Print for Mid Term				
	1 marks 1x21	= 21 marks			
	3 marks 3x6	= 18 marks			
	8 marks 8x3	= 24 marks			
	3 Source Based Questions	= 3x4=12 Marks			
	Мар	= 5 marks			
	Total Marks	80 marks			
	Internal	= 20 marks (Project + Viva)			
	Total	= 100 marks			
October	Theme 10 : Colonialism and	d Country Side			
	Theme 11: Rebles and the	Raj			
	Map work - * Territories / Cities under British Control in 1857				
	* Main Centres of the Revolt of 1857.				
November	Theme 13: Mahatma Gandhi and the Nationalist Movement				
	Theme 15: Framing the constitution				
December	Pre Board - I				
	Revision for Pre Board I				
	More focus be on NCERT Questions and Sample Paper				
	Practice				
	Syllabus for Pre-Board - I	Full Syllabus			
January	Pre Board - II	_			
January	Revision for Pre Board - I				
L	More Focus on Sampler Pa	per Practice.			
March	Final Exam Theory - 80 marks, Project prescribed by cbse) Total				
6 6	ઇ ન્ક ઇ ન્ક ૄ હ	अ के छ के छ क			

POLITICAL SCIENCE

(Subject Code 028)

Book prescribed:-

- 1. Contemporary World Politics
- 2. Politics in India Since Independence

April Ch-1 The End of Bipolarity (Book 1)

Ch-1 Challenges of Nation Building(Book 2)

May Ch-2 New centres of Power (Book-1)

Revision for Unit-L

Syllabus

Ch-1 The End Of Bipolarity (Book 1)

Ch-1 Challenges Of Nation Building(Book 2)

Ch-2 New centres of Power (Book-1)

Paper Pattern

No of question	Marks	Total marks
9	1	9
3	2	6
2	4	8
1 (map)	5	5
2	6	12
	Total	40

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J	luly	Ch-3	Contemporary South Asia(Book 1)
		Ch-4	UN and Its Organisation (Book 1)

Ch-2 Planned Development (Book 2)

Aug. Ch-3 India's Foreign Policy (Book 2)

Ch-4 Parties and Party System in India(Book 2)

REVISION FOR MID TERM

Syllabus

Juna

Book 1 Book 2 Ch 1 to 4. Ch 1 to 3

Sept. Revision for Mid-Term Exam

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Paper Pattern						
No of	Ques.		Marks	Total Marks		
Sec-A	12		1	12		
Sec-B	6 (Pas.	based)	2	12		
Sec-C	5		4	20		
Sec-D	3 (Case	based question)	4	12		
Sec-E			6	24		
(Carto	on base	d or map based)				
			Total	80 marks		
Oct.	Ch-5	Security in Con		,		
	Ch-5	Democratic Res	•	,		
	Ch-6	Regional Aspira	ations (Book	2)		
Nov.	Ch-6	Environment ar	nd Natural Re	esources (Book 1)		
	Ch-7	Globalization(B	ook 1)			
Dec.	Ch-7	Indian Politics- F	Recent Trend	ls and Development	(Book 2)	
	Revision	on				
Pre-B	oard-l R	evision				
Pre-B	oard-l (F	ull Syllabus)				
Jan.	Revisi	ion for Pre-Boar	d-II			
		Paper Patte	ern for Pre-l	Board I-II		
No of	Ques.		Marks	Total Marks		
Sec-A	12		1	12		
Sec-B	6 (Pas.	based)	2	12		
Sec-C	5		4	20		
Sec-D	3 (Case	based question)	4	12		
Sec-E			6	24		
(Carto	on base	d or map based)				
			Total	80 marks		
Feb.	Revisi	on for Final Terr	m Exam			
March	Final E	Exam				
Theor	у	-	80 marks			
Projec	ct	-	20 marks			

100 marks

Total

(S) \$ (S) \$ (S) \$ (D) \$

PUNJABI

(Subject Code - 104)

Books Prescribed : ਲਾਜਮੀ ਪੰਜਾਬੀ-12 (ਪੰਜਾਬ ਸਕੂਲ ਸਿੱਖਿਆ ਬੋਰਡ)

	` ` ` ` ` ` ` ` ` ` ` ` ` ` ` ` ` ` ` `
ਅਪ੍ਰੈਲ	ਕਹਾਣੀ – ਸਾਂਝ (ਸੁਜਾਨ ਸਿੰਘ)
	ਕਵਿਤਾ – ਟੁਕੜੀ ਜੱਗ ਤੋਂ ਨਿਆਰੀ (ਭਾਈ ਵੀਰ ਸਿੰਘ)
	ਪਾਠ – ਪੰਜਾਬ ਦੇ ਮੇਲੇ ਤੇ ਤਿਉਹਾਰ (ਡਾ. ਐਸ. ਐਸ. ਵਣਜਾਰਾ ਬੇਦੀ)
	ਵਿਆਕਰਨ – ਵਾਕ–ਵਟਾਂਦਰਾ
ਮਈ	ਪੰਜਾਬ ਦੇ ਰਸਮ-ਰਿਵਾਜ (ਗੁਲਜਾਰ ਸਿੰਘ ਸੰਧੂ)
	ਵਿਆਕਰਨ – ਅਖਾਣਾਂ
	ਕਵਿਤਾ – ਤਾਜ ਮਹਿਲ (ਪ੍ਰੋ. ਮੋਹਨ ਸਿੰਘ)
	ਵਿਆਕਰਨ – ਸੰਖੇਪ ਰਚਨਾ, ਕਾਰ ਵਿਹਾਰ ਦੇ ਪੱਤਰ
	ਦੂਹਰਾਈ ਅਤੇ ਪਰੀਖਿਆ
ਪਾਠਕ੍ਰਮ	ਕਹਾਣੀ – ਸਾਂਝ, ਕਵਿਤਾਵਾਂ – ਟੁਕੜੀ ਜੱਗ ਤੋਂ ਨਿਆਰੀ, ਤਾਜ ਮਹਿਲ
	ਪਾਠ – ਪੰਜਾਬ ਦੇ ਮੇਲੇ ਤੇ ਤਿਉਹਾਰ
	ਵਿਆਕਰਨ - ਵਾਕ-ਵਟਾਂਦਰਾ, ਅਖਾਣਾਂ, ਸੰਖੇਪ ਰਚਨਾ, ਕਾਰ ਵਿਹਾਰ ਦੇ ਪੱਤਰ
	ਪ੍ਰਸ਼ਨ-ਪੱਤਰ ਵਿਧੀ (ਕੁਲ ਅੰਕ – 50)
	ਅਡਵਾਂਸ ਪੜ੍ਹਨ ਕੌਸ਼ਲ
	ਸੰਖੇਪ ਰਚਨਾ – 1+2 = 8
	ਵਿਆਕਰਨ ਵਾਕ ਵਟਾਂਦਰਾ – 1×2 = 2
	ਅਖਾਣਾਂ - 2×2 = 4
	ਪਾਠ-ਪੁਸਤਕ ਵਿੱਚੋਂ ਪ੍ਰਸ਼ਨ-ਉੱਤਰ ਬਹੁ ਵਿਕਲਪੀ ਪ੍ਰਸ਼ਨ (ਕਵਿਤਾ, ਕਹਾਣੀ ਤੇ
	ਸਭਿਆਚਾਰ ਨਾਲ ਸੰਬੰਧਿਤ) 1×4 =4
	ਦੋ ਅੰਕਾਂ ਵਾਲੇ ਪ੍ਰਸ਼ਨ (ਕਹਾਣੀ ਅਤੇ ਸਭਿਆਚਾਰ) 2×3 =6
	ਵਿਸ਼ਾ, ਚਰਿੱਤਰ ਚਿਤਰਨ ਤ ਆਲੋਚਨਾਤਮਕ ਸ਼ਾਰ ਸੰਬੰਧੀ ਪ੍ਰਸ਼ਨ (ਕਹਾਣੀ ਵਿੱਚੋਂ)6
	ਪ੍ਰਸੰਗ ਸਹਿਤ ਵਿਆਖਿਆ (ਕਵਿਤਾ ਵਿੱਚੋਂ)
	ਕਾਰ ਵਿਹਾਰ ਨਾਲ ਸੰਬੰਧਿਤ ਪੱਤਰ 8

	ਪੰਜਾਬ ਦੇ ਮੇਲੇ ਤੇ ਤਿਉਹਾਰ ਵਿੱਚੋਂ ਵੱਡੇ ਉੱਤਰਾਂ ਵਾਲੇ ਪ੍ਰਸ਼ਨ			
	(70–80 ਸ਼ਬਦਾਂ ਵਿੱਚ) 4×1 = 4			
ਜੂਨ	ਕਵਿਤਾ – ਚੁੰਮ ਚੁੰਮ ਰੱਖੋ (ਨੰਦ ਲਾਲ ਨੂਰਪੁਰੀ)			
ਜੁਲਾਈ	ਕਹਾਣੀ – ਨੀਲੀ (ਕਰਤਾਰ ਸਿੰਘ ਦੁੱਗਲ)			
	ਵਿਆਕਰਨ – ਪੈਰ੍ਹਾ ਰਚਨਾ			
ਅਗਸਤ	ਕਵਿਤਾ – ਵਾਰਿਸ਼ ਸ਼ਾਹ (ਅੰਮ੍ਰਿਤਾ ਪ੍ਰੀਤਮ)			
	ਕਹਾਣੀ – ਮਾੜਾ ਬੰਦਾ (ਪ੍ਰੇਮ ਪ੍ਰਕਾਸ਼)			
	ਦੁਹਰਾਈ ਤੇ ਪਰੀਖਿਆ			
ਪਾਠਕ੍ਰਮ	ਕਹਾਣੀਆਂ – ਸਾਂਝ, ਨੀਲੀ, ਮਾੜਾ ਬੰਦਾ			
	ਕਵਿਤਾਵਾਂ – ਤਾਜ ਮਹਿਲ, ਚੁੰਮ ਚੁੰਮ ਰੱਖੋ, ਵਾਰਿਸ਼ ਸ਼ਾਹ			
	ਪਾਠ – ਪੰਜਾਬ ਦੇ ਮੇਲੇ ਤੇ ਤਿਉਹਾਰ, ਪੰਜਾਬ ਦੇ ਰਸਮ-ਰਿਵਾਜ			
	ਵਿਆਕਰਨ – ਵਾਕ–ਵਟਾਂਦਰਾ, ਅਖਾਣਾਂ, ਸੰਖੇਪ ਰਚਨਾ, ਪੈਰਾ ਰਚਨਾ,			
	ਕਾਰ ਵਿਹਾਰ ਦੇ ਪੱਤਰ			
	ਕੁਲ ਅੰਕ – 80			
	ਐਡਵਾਂਸ ਪੜ੍ਹਨ ਕੌਸ਼ਲ			
	ਸੰਖੇਪ ਰਚਨਾ - ਦਿੱਤੇ ਗਏ ਪੈਰ੍ਹੇ ਦਾ ਸਿਰਲੇਖ ਅਤੇ ਪੈਰ੍ਹੇ ਨੂੰ ਸੰਖੇਪ ਕਰਕੇ ਲਿਖਣਾ			
	(ਚੋਣ ਅਧਾਰਿਤ) 1+7=7			
	ਕਾਰ ਵਿਹਾਰ ਦੇ ਪੱਤਰ (ਚੋਣ ਅਧਾਰਿਤ)			
	ਪੈਰਾ ਰਚਨਾ (125 ਤੋਂ 150 ਸ਼ਬਦਾਂ ਵਿੱਚ)			
	ਦਿੱਤੇ ਗਏ ਵਿਸ਼ੇ ਤੇ ਪੈਰਾ ਰਚਨਾ ਕਰਨਾ (ਚੋਣ ਅਧਾਰਿਤ) 10			
	ਵਿਹਾਰਕ ਵਿਆਕਰਨ:			
	ਵਾਕ ਵਟਾਂਦਰਾ (ਅਤਿ ਛੋਟੇ ਪ੍ਰਸ਼ਨ) (ਚੋਣ ਅਧਾਰਿਤ) 1×4=4			
	ਅਖਾਣ ਅਖਉਂਤਾ ਵਰਤ ਕੇ ਸਥਿਤੀ ਸਪਸਟ ਕਰਨਾ 2×2=5			
	ਸਾਹਿਤ			
	1) ਕਵਿਤਾ			
	ੳ) ਦਿੱਤੀਆਂ ਗਈਆਂ ਦੋ ਕਾਵਿ ਟੁਕੜੀਆਂ ਵਿੱਚੋਂ ਕਿਸੇ ਇੱਕ ਦੀ ਪ੍ਰਸੰਗ ਸਹਿਤ			
	ਵਿਖਾਖਿਆ 1×4=4			
C8 %	(3 め (3 め (8 か k) か k)			

US 46	ઝ ન્સ ઝ ન્ફ ૄ	(3 & (3 & (4 A)			
	2) ਕਹਾਣੀਆਂ				
	, ੳ) ਵਿਸ਼ਾ, ਚਰਿੱਤਰ-ਚਿਤਰਨ, ਆਲੋਚਨਾਤਮਕ ਸਾਰ ਸੰਬੰਧੀ ਪ੍ਰਸ਼ਨ (125–150				
	ਸ਼ਬਦਾਂ ਵਿੱਚ) ਚੋਣ ਅਧਾਰਿਤ	6			
	ਅ) ਬਹੁਤ ਵਿਕਲਪੀ ਪ੍ਰਸ਼ਨ	1×4 = 4			
	ੲ) ਦੋ ਅੰਕਾਂ ਵਾਲੇ ਪ੍ਰਸ਼ਨ (25–3	0 ਸ਼ਬਦਾਂ ਵਿੱਚ) 2×3 = 6			
	3) ਪੰਜਾਬੀ ਸਭਿਆਚਾਰ ਦੀ ਜਾਣ-ਪਛਾਣ				
	ੳ) ਬਹੁ ਵਿਕਲਪੀ ਪ੍ਰਸ਼ਨ	1×4 = 4			
	ਅ) ਪੰਜਾਬ ਦੇ ਮੇਲੇ ਤੇ ਤਿਉਹਾਰ, ਪੰਜਾਬ ਦੇ ਰਸਮ-ਰਿਵਾਜ ਵਿੱਚੋਂ ਵੱਡੇ				
	ਉੱਤਰਾਂ ਵਾਲੇ ਪ੍ਰਸ਼ਨ (70–80	ਸ਼ਬਦਾਂ ਵਿੱਚ) 4×2 = 8			
ਸਤੰਬਰ	ਕਵਿਤਾ – ਮੇਰਾ ਬਚਪਨ (ਹਰਿਭਜਨ ਸਿੰਘ)				
	ਕਹਾਣੀ – ਘਰ ਜਾ ਆਪਣੇ (ਗੁਲ	ਸਾਰ ਸਿੰਘ ਸੰਧੂ)			
ਅਕਤੂਬਰ	ਕਵਿਤਾ – ਗੀਤ (ਸ਼ਿਵ ਕੁਮਾਰ ਬਟਾਲਵੀ)				
	ਪਾਠ – ਪੰਜਾਬ ਦੀਆਂ ਲੋਕ-ਖੇਡਾਂ	(ਸੁਖਦੇਵ ਮਾਂਦਪੁਰੀ)			
ਨਵੰਬਰ	ਪਾਠ – ਪੰਜਾਬ ਦੇ ਲੋਕ–ਨਾਚ (ਡਾ. ਜਗੀਰ ਸਿੰਘ ਨੂਰ)				
ਦਸੰਬਰ	ਦੁਹਰਾਈ ਤੇ ਪਹਿਲੀ ਪ੍ਰੀ-ਬੋਰਡ ਪਰੀਖਿਆ				
	ਪਾਠਕ੍ਰਕ (ਅਪ੍ਰੈਲ ਤੋਂ ਨਵੰਬਰ ਤੱਕ	ਸਾਰਾ)			
ਜਨਵਰੀ	ਦੁਹਰਾਈ ਤੇ ਦੂਜੀ ਪ੍ਰੀ-ਬੋਰਡ ਪਰੀ	ਖਿਆ			
ਫਰਵਰੀ	ਦੁਹਰਾਈ				
ਮਾਰਚ	ਬੋਰਡ ਪਰੀਖਿਆ				
'	ਲਖਤੀ ਪਰੀਖਿਆ	2) ਆਂਤਰਿਕ ਮੁਲਾਂਕਣ			
1	ਪੜ੍ਹਨ ਕੌਸ਼ਲ - 8	ੳ) ਪ੍ਰੋਜੈਕਟ – 10 ਅੰਕ			
ਅ) ਪ੍ਰਭਾਵਸ਼ਾ	ਲੀ ਲਿਖਣ ਕੌਸ਼ਲ 🔓 40	ਅ) LS /ਸੁਣਨ ਬੋਲਣ ਤੇ – 1 ₈ 5 ਅੰਕ			
ੲ) ਵਿਆਕਰਨ – 14 🕽		ਅਧਾਰਿਤ			
ਸਾਹਿਤ	- 40	ੲ) ਲਿਖਤੀ (ਕਿਸੇ ਵੀ ਵਿਸ਼ੇ – 5 ਅੰਕ			
	<u>80 ਅੰਕ</u>	ਤੇ ਲਿਖਣਾ) 20 ਅੰਕ			
		<u>20 ਅਕ</u>			
CB 96	03 % 03 % 6	લ જ લ લ લ જ			

PHYSICAL EDUCATION (048) Theory : 70 **Books: S P Publication and NCERT** Practical: 30 **April** Ch-1: Management of Sporting Events Ch-2: Children and Women in Sports Ch-3: Yoga and Preventive Measure for Lifestyle Disease May Revision for Unit / Term - 1 Ch - 01, 02 & 03 Paper Pattern No. of Questions **Total Marks** Marks Section A: 08 MCQ's / Assertion Reasoning 01 08 04 Section B: 02 Very Short Type Questions 02 Section C: 05 Short Answer Type Questions 03 15 Section D: 02 Case Studies Questions 04 08 Section E: 03 Long Answer Type Questions 05 15 **Total Marks** 50 Ch-4: Physical Education & Sports for CWSN July Ch-5: Sports and Nutrition Ch-6: Test and Measurement in Sports August Ch-7: Physiology in Sports **Revision for Mid Term** Syllabus: Ch. No. 1 to 7 **Paper Pattern** No. of Questions Marks **Total Marks** Section A: 18 MCQ's / Assertion Reasoning 01 18 Section B: 05 Very Short Type Questions 02 10 Section C: 05 Short Answer Type Questions 03 15 Section D: 03 Case Studies Questions 12 04 Section E: 03 Long Answer Type Questions 05 15 **Total Marks** 70

CB a	6 C3 46 C3 46 🗓 🏕 🖔	30 B	3 & 3			
Sept & Oct. Ch-8 : Biomechanics and Sports						
	Ch-9 : Psychology and Sports					
Novem	nber Ch-10 : Training in Sports					
Decem	December Revision :- Prescribed Sample Paper of CBSE					
	Pre Board - 1 (Full Syllabus)					
Januai	ry Revision [Get Students prepared	Revision [Get Students prepared Sample Papers related to				
	CBSE Board Exam] Pre-Board - II (Full Syllabus)					
Paper Pattern for Pre Board I & II						
No. of	Questions	Marks	Total Marks			
Section	A: 18 MCQ's / Assertion Reasoning	01	18			
Section	B: 05 Very Short Type Questions	02	10			
Section C: 05 Short Answer Type Questions 03 15						
Section	Section D: 03 Case Studies Questions 04 12					
Section	Section E: 03 Long Answer Type Questions 05 <u>15</u>					
Total Marks 70						
Practical Max. Marks : 30						
1. Physical Fitness Test : Sai Khelo India Test Brock Port Physical						
Fitr	ness Test		06			
2. Pro	2. Proficiency in Games and Sports, Skill of any one 10A Recognised					
Sp	orts / Game of Choice.		07			
3. Yogic Practices.						

05

4. Record File.

5. Viva Voce (Health / Games & Sports / Yoga)

Blue Print Physical Education

(Subject Code: 048)

Books Prescribed : NCERT, S P Publications

Theory: 70 marks
Practical: 30marks
Total: 100 marks

April Ch-1 : Management of Sporting Events

Ch-2: Children and Women in Sports

May Ch-3: Yoga and Preventive Measure for Lifestyle Disease

Revision for Unit - 1 50 Marks

Marks Distribution Unit - 1

8 Questions x 1 marks each = 8

2 Questions x 2 marks each = 4

3 Questions x 6 marks each = 18

4 Questions x 5 marks each = 20

Total - 50

Unit Test - I (Weightage)

Ch-1: Management of Sporting Events - 15 Marks Ch-2: Children and Women in Sports - 15 Marks

Ch-3: Yoga and Preventive Measure for Lifestyle Disease - 20 Marks

June - Revision for Unit/ Term-I, Ch-01, 02, 03

July Ch-4 : Physical Education & Sports for CWSN

Ch-5: Sports and Nutrition

August Ch-6: Test and Measurement in Sports

Revision for Weekly Test - 25 Marks

Ch-7: Physiology and Injuries in Sports

September Ch-8: Biomechanics and Sports

Revision for Mid Term Exams - 70 Marks

Marks Distribution

12 Questions x 1 marks each = 12 4 Questions x 2 marks each = 08

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10 Questions x 3 marks each = 30						
4 Questions x 5 marks each = 20						
<u>Total - 70</u>						
Mid Term Exam (Weightage)						
Ch-1: Management of Sporting Events - 8 Marks						
Ch-2: Children and Women in Sports - 8 Marks						
Ch-3: Yoga and Preventive Measure for Lifestyle Disease - 10 marks						
Ch-4 : Physical Education & Sports for CWSN - 8 Marks						
Ch-5 : Sports and Nutrition - 8 Marks						
Ch-6 : Test and Measurement in Sports - 10 marks						
Ch-7 : Physiology and Injuries in Sports - 8 Marks						
Ch-8 : Biomechanics and Sports - 10 marks						
October Ch-9 : Psychology and Sports						
Revision for Weekly Test - 25 Marks						
November Ch-10 : Training in Sports						
December Revision for Pre Board - I (Revision Sample Paper)						
Marks Distribution Pre Board - I						
18 Questions x 1 marks each = 18						
5 Questions x 2 marks each = 10						
5 Questions x 3 marks each = 15						
3 Questions x 4 marks each = 12						
3 Questions x 5 marks <u>each = 15</u>						
<u>Total - 70</u>						
Pre-Board Exam (Weightage) 70 Marks						
Ch-1 : Management of Sporting Events - 10 Marks						
Ch-2: Children and Women in Sports - 12 Marks						
Ch-3: Yoga and Preventive Measure for Lifestyle Disease - 12 marks						
Ch-4 : Physical Education & Sports for CWSN - 12 Marks						
Ch-5 : Sports and Nutrition - 12 Marks						
Ch-6 : Test and Measurement in Sports - 12 marks						
January Practical File Completion as per CBSE Notification						
Revision for Pre Board - II (Full Syllabus)						
February Revision for Final Exam (Sample Paper Revision)						
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March Final Board Exams - 70 Marks Written
30 Marks Practical

Total 100 Marks

PRACTICAL - 30 Marks

- 1. Physical Fitness Test : SAI Khelo India Test, Brock Port Physical Fitness Test 6 Marks
- Proficiency in Games and Sports (Skill of any one game of choice) 7 Marks
- 3. Yogic 07 Marks
- 4. Record File 05 Marks
- 5. Viva Voce 05 Marks

Record File Shall Include

- Practical 1 : Labelled diagram of 400 M Track and Field with computations.
- Practical 2 : Describe changing Trends in Sports in term of change in playing surface. Wearable gears and sports equipment, technological advancements.
- Practical 3: Labelled diagram of field and equipment of any one game of your choice out of the.

Theory - 70 Marks

Practical - 30 Marks

Total - 100 Marks

Prctical for CWSN

- * Test For CWSN (any for items out of 27 items but 1 item from each component. Aerobic function, body composition, muscular, strength and endurance range of motion or flexibility).
- ** Basketball, Football, Kabaddi, Kho-Kho, Volleyball, Handball, Hockey, Cricket.

- ** CWSN (Children with special needs Divyang): Bocce / Boccia, Sitting Volleyball, Wheel Chair Basketball, unified Badminton, unified Basketball, unified Football, Blind Cricket, Goalball, Floorball wheel chair races and throw or any other sports / Games of choice.
- *** Children with spacial needs may opt any one Sport / Game from the list as alternative for yogic practices. However, the sport / Game must be different for skill of Game and alternate to yogic practices.

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	PRACTICAL SYLLABUS						
Maximun	Maximum Marks - 30 Time : 3 Hrs						
	Evaluation Scheme						
	1. Two experiments one from each sec	tion = 7+7 Marks					
	Practical Record	= 5 Marks					
	3. One activity from any section	= 3 Marks					
	4. Project Report	= 3 Marks					
	5. Viva Voce	= 5 Marks					
April	1. To determine resistance per unit leng	gth on a given wire by					
	plotting a graph of potential difference	e and current.					
	2. To find the resistance of a given wire	using meter bridge.					
May	3. To verify the law of combination (seri	ies and parall of					
	resistance using meter bridge.						
	4. To determine the resistance of galva	nometer by half					
	deflection method and to find its figu	re of merit.					
June	Investigatory Project.						
July	3. Activities from Section - A as prescribed by CBSE.						
August	5. To find the value of v for different val						
	concave mirror and to find the value	of f by plotting graph					
	b/w u and v.						
	6. To determine the angle of minimum	· ·					
	glass prims by plotting a graph betw						
October		nction diode in forward					
	and Reverse biasing.						
	8. To study the characteristics of Zener diodie and hence						
	determine its reverse break down vo						
Nov.	Activities from Section - B as prescribe	d by CBSE Project.					
Books D	rescribed - JBD Practical Manual + Fil	9					
DOOKS P	rescribed - JDD Fractical Wallual + Fil	С					

DATE	DAY	CLASS	THEME OF ACTIVITY OR COMPETITION/ASSESSMENT PLANNED
4 April 2023	Tuesday		Mahavir Jyanti
6 April 2023	Thursday		New Session Begins
7 April 2023	Friday		Good Friday
8 April 2023	Saturday		Birthday of Sri Guru Nabha Dass Ji /Second Saturday
11 April 2023	Tuesday	III-V	Be right to write - English Calligraphy
13 April 2023	Thursday	Nur & II	Hope my yellow dress brighten up your day - Yellow Day
		VI-VIII	Back to the roots of our Culture -
			Folk Song inter House Competition
14 April 2023	Friday		Vaisakhi & Birthday of Dr. B.R. Ambedkar
17 April 2023	Monday	V	Game of Flexibility - Boys Yoga activity
18 April 2023	Tuesday	V	Yoga is a skill in action/ Yoga is 99% practice & 1% theory - Girls Yoga activity
19 April 2023	Wednesday		Weekly Test
20 April 2023	Thursday	1-11	Clean hands are Safe hands - Hand wash Activity
21 April 2023	Friday	III-XII	Life is possible only on earth, protect it
			- Save Earth, Save Life Poster Making
22 April 2023	Saturday		Id-UI- Fitr /
			Bhagwan Parshuram Jayanti
24 April 2023	Monday	Nur-UKG	Show your Thumb skills -
			Thumb painting activity
25 April 2023	Tuesday	III-V	ਪੰਜਾਬੀ ਅੱਖਰਕਾਰੀ -
			Punjabi Calligraphy
26 April 2023	Wednesday		Weekly Test

DATE	DAY	CLASS	THEME OF ACTIVITY OR COMPETITION/ASSESSMENT PLANNED
27 April 2023	Thursday	VI-VIII	Your diet is bank account: Good food choices are good investments - Healthy Diet for mind, Yoga Competition
28 April 2023	Friday	Nur-UKG	For Fun - Big/Small Activity
29 April 2023	Saturday	IX-XII	The game of RUN and CHASE -
			House Wise Kho – Kho Match
3 May 2023	Wednesday		Weekly Test
5 May 2023	Friday		Budha Purnima
8 May 2023	Monday	III	Mindfulness - Guided Meditation Activity
9 May 2023	Tuesday	IV	Attention! - Guided Meditation Activity
10 May 2023	Wednesday		Weekly Test
11 May 2023	Thursday	VI-VIII	Human Race - G.K Quiz (Knowing your
			surrounding) Current Affair
12 May 2023	Friday	Nur - XII	Ancestor -
			Mother Day Card making and Writing letter
			to Mother. Paying gratitude to mother's
13 May 2023	Saturday		Second Saturday
15 May 2023	Monday	III-V	You only fail when you stop trying - Calligraphy Hindi
16 May 2023	Tuesday	Nur - II	Catchy Symbols-National Symbols activity
17 May 2023	Wednesday		Weekly Test
19 May 2023	Friday		Weekly Test
20 May 2023	Saturday	LKG-UKG	Long shoelace, better result -
			Tying shoe laces activity
		IX - XII	Your only limit is you - Calligraphy Eng, Pbi, Hdi Topics - Current Affair or Story
			writing LEARN ART OF WRITING

YEARLY PLANNER 2023-24 Scholastic/ Co-scholastic Activities

DATE	DAY	CLASS	THEME OF ACTIVITY OR COMPETITION/ASSESSMENT PLANNED
23 May 2023	Tuesday		Shaheedi Diwas Sri Guru Arjun Dev Ji
24 May 2023	Wednesday		I-Unit Exams Commence
27 May 2023	Saturday		Fourth Saturday
1 June 2023	Thursday	Nur XII	Sow a seed today, Harvest
			TOMORROW -
			Planting and seedling activity, Nur to XII on
			World Environment Day
4 June 2023	Sunday		Kabir Jayanti
5 June 2023	Monday		World Environment Day
17 June 2023	Saturday	Nur - XII	When my father didn't have my hand,
			he had my back - Father's Day Activity
21 June 2023	Wednesday	Nur - XII	Keep fit's YOG - Yoga Day Activity
29 June 2023	Thursday		ld-Ul-Zuha (Bakrid)
1 July 2023	Saturday	IX-XII	God gives life, Doctor saves life !! -
			Doctor's Day - Speech on Boost Immunity and Hand wash
3 July 2023	Monday		School Reopens
6 July 2023	Thursday	NUR-UKG	Puppet activity - Stick making activity
8 July 2023	Saturday		PTM I-Unit Exams / Second Saturday
10 July 2023	Monday	NUR-UKG	Keep clean, Keep Safe - Hygiene activity
		I-II	Plastic free day activity
11 July 2023	Tuesday	III-V	It rhymes and connects - English Poem
			Recitation
13 July 2023	Thursday	VI-VIII	Make Learning Fun, Ban Mobiles & Run
			- Debate on Banning Mobile in School
18 July 2023	Tuesday	III-V	Spell it-Right with the fight-Spell bee English
19 July 2023	Wednesday		Weekly Test

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DATE	DAY	CLASS	THEME OF ACTIVITY OR COMPETITION/ASSESSMENT PLANNED
20 July 2023	Thursday	Nur-II	Grow more trees day-Greenish day activity
22 July 2023	Saturday		Fourth Saturday
25 July 2023	Tuesday	III-V	Great grown up-Spell bee Hindi
26 July 2023	Wednesday		Weekly Test
27 July 2023	Thursday	VI-VIII	The ultimate battle of Brain power-
			Science Quiz Inter House Competition
28 July 2023	Friday	NurII	Paper Canoe - Paper boat activity
29 July 2023	Saturday	IX-XII	Be alive, Be healthy-Yoga activity
			Yoga heals the Soul
31 July 2023	Monday		Shaheed Udham Singh Martyrdom Day
1 Aug 2023	Tuesday	LKG - UKG	
			Word Power with flash card
		III - V	Spell bee Punjabi
2 Aug 2023	Wednesday		Weekly Test
4 Aug 2023	Friday	Nur UKG	Nutrition Guidance-Salad Making Activity
5 Aug 2023	Saturday	XI-XII	Society lives by faith & develop by science - S.St. Quiz
7 Aug 2023	Monday		Weekly Test
8 Aug 2023	Tuesday	III-IV	Express yourself - Show and Tell
9 Aug 2023	Wednesday		Weekly Test
10 Aug 2023	Thursday	VI-VII	Mera Bharat Mahan - Inter House Patriotic Song Competition
11 Aug 2023	Friday	NurUKG	Jai Hind - Flag making Activity on Independence day
		IX-XII	Math-O-Mania
12 Aug 2023	Saturday		Second Saturday
14 Aug 2023	Monday	NurXII	Show your love for nation: VANDE MATARAM - Patriotic Role play in Special Assembly on Independence day
15 Aug 2023	Tuesday		Independence Day

YEARLY PLANNER 2023-24 Scholastic/ Co-scholastic Activities

DATE	DAY	CLASS	THEME OF ACTIVITY OR COMPETITION/ASSESSMENT PLANNED
17 Aug.2023	Thursday		Weekly Test
21 Aug. 2023	Monday		Mid-Term Exams (Oral/Practical)
			Commence
23 Aug. 2023	Wednesday		Weekly Test
26 Aug. 2023	Saturday		PTM Before Mid-Term Exam/ Fourth Saturday
29 Aug. 2023	Tuesday	NurXII	A Bond of love and protection - Rakhi Making
30 Aug. 2023	Wednesday		Raksha Bandhan
1 Sept. 2023	Friday	NurII	Show & Tell activity
4 Sept. 2023	Monday	NurII	Nand ke anand Bhaeo Handi divas -
			Janmashtami Celebration
		III-V	Hindi Poem Recitation
5 Sept. 2023	Tuesday	NurXII	Teachers: Our Beacons of hope! -
			Gratitude towards Guru's
			Teacher's Day
7 Sept. 2023	Thursday		Janamashtmi
9 Sept. 2023	Saturday		Second Saturday
13 Sept. 2023	Wednesday		Mid-Term Exams Commence
23 Sept. 2023	Saturday		Fourth Saturday
28 Sept. 2023	Thursday		ld-E-Milad / Birthday of Bhagat Singh
2 Oct. 2023	Monday		Gandhi Jyanti
3 Oct. 2023	Tuesday		School Reopens
9 Oct. 2023	Monday	NurUKG	Speed is unmatched - Poem recitation
		III	Circle Race
10 Oct. 2023	Tuesday	III-V	Keeping your mind sharp - Inter House Science Quiz
11 Oct. 2023	Wednesday	VI to VIII	Math is the love of my life - Inter House Math Quiz

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YEARLY PLANNER 2023-24 Scholastic/ Co-scholastic Activities

DATE	DAY	CLASS	THEME OF ACTIVITY OR COMPETITION/ASSESSMENT PLANNED
14 Oct. 2023	Saturday		PTM Mid-Term Exam / Second Saturday
15 Oct. 2023	Sunday		Maharaj Agarsen Jyanti
17 Oct. 2023	Tuesday	III-V	Focus on gear - Inter Section
			(Race Competition)
18 Oct. 2023	Wednesday		Weekly Test
19 Oct. 2023	Thursday	VI-VIII	Interhouse Volleyball Match
21 Oct. 2023	Saturday	IX-XIII	Dream Big & Train Hard! -
			Interhouse Volleyball Match
23 Oct. 2023	Monday	Nur - II	Mythology tales -
			Fancy dress competition, Dussehra
			Coloring activity & Special Assembly
24 Oct. 2023	Tuesday		Dussehra
25 Oct. 2023	Wednesday		Weekly Test
26 Oct. 2023	Thursday	Nur - II	Ground Picnic -
27 Oct. 2023	Friday	XI-XIII	The fun is in the fresh air - Science Quiz
28 Oct. 2023	Saturday		Birthday of Maharishi Valmiki
30 Oct. 2023	Monday	IV	Duck Walk Race
1 Nov. 2023	Wednesday		Karva Chauth
2 Nov. 2023	Thursday	IX -XII	Theatre field trip watching movie to
			add learning
3 Nov. 2023	Friday		Weekly Test
4 Nov. 2023	Saturday	IX - X	Essay writing (Extempore essay)
		XI - XII	Visit botanical Gardens & Short trip
6 Nov. 2023	Monday	Nur - II	Dream, Big, Little One - Role Plays
8 Nov. 2023	Wednesday		Weekly Test
9 Nov. 2023	Thursday	NUR- VIII	This 'Diwali' burst your Ego / Crackers -
			Card Making Activity (Diwali)

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YEARLY PLANNER 2023-24 Scholastic/ Co-scholastic Activities

DATE	DAY	CLASS	THEME OF ACTIVITY OR COMPETITION/ASSESSMENT PLANNED
10 Nov. 2023	Friday	IX – XII	Rangoli enhance beauty of occasion - Rangoli/Diya Decoration, Class Cleanliness highlight
11 Nov. 2023	Saturday		Second Saturday
12 Nov. 2023	Sunday		Diwali
13 Nov. 2023	Monday		Vishvakarma Day/ Goverdhan Puja
14 Nov. 2023	Tuesday		Diwali Break
15 Nov. 2023	Wednesday		Bhai Duj
17 Nov. 2023	Friday		Weekly Test
18 Nov. 2023	Saturday	IX – XII	I am possible & determined - Sports - Tracks & Field events
20 Nov. 2023	Monday	Nur II	Play then say - Sharing Activity
22 Nov. 2023	Wednesday		Weekly Test
23 Nov. 2023	Thursday	Nur - II	Sport Fest - (Opening Ceremony)
24 Nov. 2023	Thursday	Nur - II	Sport Fest - (Closing Ceremony)
25 Nov. 2023	Saturday		Fourth Saturday
27 Nov. 2023	Monday		Birthday of Guru Nanak Dev Ji
29 Nov. 2023	Wednesday		Weekly Test
5 Dec. 2023	Tuesday	III - V	Numbers Never Lie-Inter House Math Quiz
6 Dec. 2023	Wednesday		Weekly Test
7 Dec. 2023	Thursday	VI - VIII	Diversity - Inter House S.St. Quiz
9 Dec. 2023	Saturday		Second Saturday
13 Dec. 2023	Wednesday		Weekly Test
16 Dec. 2023	Saturday		II-Unit/I-Pre-Board Exams Commence
17 Dec. 2023	Sunday		Guru Teg Bahadur Ji's Martyrdom Day
23 Dec. 2023	Saturday	Nur-UKG	May your days be Merry & Bright! Christmas activity
		Nur - XII	Special Assembly on Shaheedi Diwas and Christmas

DATE	DAY	CLASS	THEME OF ACTIVITY OR COMPETITION/ASSESSMENT PLANNED
25 Dec. 2023	Monday		Christmas Day
4 Jan. 2024	Thursday		School Reopens
11 Jan. 2024	Thursday	Nur – II	Punjabi Folk Dance
12 Jan. 2024	Friday	Nur – XII	Activity and Lohri Celebrations
13 Jan. 2024	Saturday		PTM II-Unit /I Pre- Board Exams
14 Jan. 2024	Sunday		Makar Sankranti
16 Jan. 2024	Tuesday		II-Pre-Board
23 Jan. 2024	Tuesday	III - V	Freedom is not free - Inter House Patriotic
			Song Competition
24 Jan. 2024	Wednesday	VI - VIII	East or West, India is west/ One identity, one vision, one nation - Nationalism Inter House Speech Competition
25 Jan. 2024	Thursday	Nur-UKG	Kite Coloring Activity
26 Jan. 2024	Friday		Republic Day
27 Jan. 2024	Saturday		Fourth Saturday
3 Feb. 2024	Saturday		PTM for Pre-Board Exams
10 Feb. 2024	Saturday		Second Saturday
13 Feb. 2024	Tuesday	III - VIII	Win the sky with kite - Kite Flying Making
14 Feb. 2024	Wednesday	Nur-XII	Basant Panchami Celebration of
			Spring season - Special Assembly
15 Feb. 2024	Thursday		Final Exams (Oral/Practical) Commence
24 Feb. 2024	Saturday		Fourth Saturday
4 Mar. 2024	Monday		Final Exams Commence
8 Mar. 2024	Friday		Maha Shivratri
25 Mar. 2024	Monday		Holi
27 Mar. 2024	Wednesday		PTM Final Term Exams



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